

A RESTING MESS by Daisy Sanders - record of a project grown over 8 years

Yellow = creative developments directly working on the project

Orange = other artistic experiences which impacted the project

Red = culminating activities / project developments with funding

Place and time	People	Area of A Resting Mess that grew
Strange Attractor, Canberra 2016	Adelina Larson and David Pledger (mentors) with participating lab artists in conversation	<ul style="list-style-type: none"> • Durational resting • Writing on walls • Belongings all over the floor
<i>Bundanon Trust residency, NSW</i> 2016	<i>Rhiannon Newton (mentor), Dominik Mall and Julian Wong (dance researchers)</i>	<i>Patterns of rest and energy in movement research</i>
Spectrum Project Space WAAPA / ECU in Perth 2017	Renee Newman (mentor/supervisor), Tanya Rodin (participating artist), 2017 LINK company (rest practice research participants) Emma Fishwick, Storm Helmore (documentation/provocation)	<ul style="list-style-type: none"> • Resting and dancing durationally in open gallery space • Audience enter any time to rest and contribute to writing on the walls (now covered with paper) • Mess grows to include paper and comfort/rest supportive items
<i>Geoff Sobelle, USA</i> 2017-18	<i>Cast and crew of HOME (Boston, Philadelphia, Brisbane Festival 2018, Sydney Festival 2019)</i>	<i>Prioritising long form creative play and joyous interpersonal connection as essential to creative process</i>
The Blue Room Theatre's Winter Nights festival, Perth 2018	Josten Myburgh, Rebecca Riggs-Bennet (sound), Alex Kay, Bernadette Lewis, Jay Emmanuel, Mararo Wangai, Mike Makossa, Noemie Huttner-Koros (participating artists), Susie Blatchford (documentation/provocation)	<ul style="list-style-type: none"> • Performative patterns of dance and rest • Sound artists experiment with live improvisation • Mess grows to include clothing, soft recyclable items, sentimental objects and interactive notes for audience
Routa Company, Finland 2018	Lisa Nakaora (carpentry/set design and artistic support), Laura and Saku Koistinen and family, creative community from Kajaani and Helsinki	<ul style="list-style-type: none"> • Significant growth of installation including carpentry of large wooden set items (expands the mess vertically) • Commitment to minimal environmental impact • Empty shop front space makes the work visible day and night • Community performances and conversations
<i>Bundanon Trust residency, NSW</i> 2018	<i>Carlie Angel, Cinzia Schincariol, Matthew Shilcock, Matthew Plummer (SA) and Niharika Senapati (VIC) - rest co-researchers in a month of artist practice sharing</i>	<i>Cross-pollination of restorative dance approaches, building rest as creative culture and practice for artists living / working with and without disability and chronic illness</i>

<p><i>Teac Damsa, Wellington, New Zealand and Dingle, Ireland</i> 2019</p>	<p><i>Michael Keegan-Dolan, the artists of MAM, Tanemahuta Grey and the staff of Tāwhiri</i></p>	<p><i>Meal sharing, listening to landscape and ancestors, combining dance with feeling states and vocalisation, collision of vastly different live music styles</i></p>
<p>All Saints College - HotHouse Company, Perth 2020</p>	<p>Josten Myburgh (sound), Bernadette Lewis, Natalie Allen (participating artists), Dylan Smith (intern), Narelle Codalonga, Stephen Roberts and Geoff Glencross (All Saints College venue, creative and tech support)</p>	<ul style="list-style-type: none"> • Durational dance, rest and vocal performances with multiple set visit times day and night • Students across Year 1-12 experience workshops, performance and and immerse in the installation • Core sound artist established (experimental/improvised music using percussion and saxophone)
<p>King Street Arts Centre Hub, Perth 2021</p>	<p>Felicity Groom (sound), Bobby Russell, Mitch Spadaro, Will Kalimba (participating artists), Tyler Hill (designer), Rachael Whitworth (King St Hub venue support/producing mentorship)</p>	<ul style="list-style-type: none"> • 2nd sound artist established (folk/pop songs and electronic composition) • Refining design, audience vantage points and access • Working with families in the space
<p>The Last Great Hunt Expeditions + \$15k grant from the WA Department of Local Government, Sport and Cultural Industries 2022</p>	<p>Josten Myburgh, Felicity Groom (sound), Mitch Spadaro, Tanya Rodin, Pavan Hari, Will Kalimba (participating artists), Chris Isaacs, Jeffrey Jay Fowler, Roger Miller and the other hunters (venue support/creative provocation), Aimee Smith (ESG, dramaturgy), Ben Nelson (production/set design)</p>	<ul style="list-style-type: none"> • Improvisation and composition sound artists combine • Dance/theatre scenes and performance 'score' clarified • Welcoming families to the space for interactive play and clean up • ESG (environmental, social, governance) conversations refine and ensure minimal impact • Model of open afternoons and evening performances is realised
<p>Caroline Plummer Fellowship in Community Dance Dunedin, New Zealand 2023</p>	<p>Josten Myburgh (sound), Alexa Peggie, Anna Noonan, Hahna Briggs, Hannah Matthews, Leila East Giles, Marika Thomson, Miriam Marler, Liga Ubele (participating artists), George Street School, Dunedin North Intermediate, Ben Nelson</p>	<ul style="list-style-type: none"> • Extensive 'dancing with rest' embodied research • Schools workshops • Community events including Maori waste/land care workshop • Share dance/theatre scenes and project culture with local artists • Daisy and Josten consolidate dance/saxophone duet on tour
<p>Perth Institute of Contemporary Arts (PICA) + \$60k grant from the WA Department of Local Government, Sport and Cultural Industries for 2023-24</p>	<p>Josten Myburgh, Felicity Groom (sound), Maree Cole, Pavan Hari (movement), Ben Nelson (production), Kelsey Diamond (mural/community artist), Kai Taberner (intern) plus a number of local Perth artists as workshop participants</p>	<ul style="list-style-type: none"> • Sound design is integrated and finalised • Dance/theatre scenes refined and combined in performance arc • Recorded and live singing of Felicity's songs becomes essential • Preparation for large scale set collection, schools workshop and open afternoon sessions at <i>10 Nights in Port</i> festival
<p>City of Fremantle's <i>10 Nights in Port</i> Festival 2024</p>	<p>Nicholas Harle (co-producer), Mark Homer (lighting design), Ben Nelson (production), Stirling Kain and 'Ofa Fotu (City of Fremantle) and 10 core artists →</p>	<ul style="list-style-type: none"> • Final 10 performers (Daisy Sanders, Felicity Groom, Josten Myburgh, Khia Emslie O'Brien, Mani Mae Gomes, Maree Cole, Matthew Morris, Muriel Hilton Toulcanon, Pavan Hari, Stephanie Pick) become cohesive sound, movement and vocal ensemble